

10.000 meter MEN-FINAL , Time :13:35

Heat : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	734	AARON HIYAMWA		91	PRIS		30:57.75	
2	819	ANOLD MAINGA		92	RAA		31:26.77	
3	575	CHITAMBO OGEN		92	GBAC		31:50.76	
4	614	VICTOR CHEWE		97	ZPAC		32:10.41	
5	823	MUNKOMBWE MORRIS		90	RAA		32:19.71	
6	821	MWALE EDWARD		92	RAA		32:38.11	
7	788	ZULU DERRICK		99	GEAC		33:28.10	
8	781	BWALYA MICHAEL		96	GEAC		33:44.71	
9	579	MAUMBI BEN		85	GBAC		35:33.07	
10	822	MBEWE SYDNEY		87	RAA		35:33.14	
11	820	CHUNGU MOSES		91	RAA		35:33.21	
	577	MWANZA EDWARD		89	GBAC		DNS	
	732	COSTERN CHIYABA		94	PRIS		DNS	
	735	VINOLD KABANDA		84	PRIS		DNS	
	736	RICHARD LUBINDA		87	PRIS		DNS	

Shot Put WOMEN - FINAL , Time :10:58

Flight : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	604	FWAMBO MARY		98	GBAC		11.24m	
2	762	ENALA NDAMIKWA		97	PRIS		9.91m	
3	682	KATONGO MUSONDA		03	KANS		9.14m	
4	832	RACHEAL KALUBA		95	RAA		8.78m	
5	763	CATHARINE KUNDA		95	PRIS		7.95m	
6	817	MUKULIMA SITUWA		87	RAA		7.05m	
7	655	CONSTANCE BWALYA		99	KWAC		6.89m	
8	833	MAKAYI ROSE		93	RAA		6.57m	

Long Jump WOMEN - FINAL , Time :16:02

Flight : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Wind (m/s)	Info
1	566	MAZALA AGNESS		98	GBAC		5.33m	-1.8	
2	638	ASTRID MAMBWE		95	ZPAC		4.82m	0.8	
3	684	AUXILLIA MULENGA		02	KANS		4.32m	-1.1	
4	807	SAINELASANDRA		94	RAA		4.26m	0.8	
5	812	PHIRI MAJORY		90	RAA		4.22m	-0.1	
6	572	BANDA VASTY		96	GBAC		4.12m	2.0	

100 meter WOMEN - HEAT FINAL , Time :12:28



Heat : 1 , Wind : -0.6

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	512	NATASHA CHANDA		02	SURG		12.52	
2	501	CHIRWA TAONGA		04	MUCH		13.11	
3	600	MIYAMBO BLESSING		04	GBAC		13.43	
4	682	KATONGO MUSONDA		03	KANS		13.97	
5	758	ABIGAIL AKAKULUBELWE		06	PRIS		14.08	
6	610	CHISANGA CHILESHE		05	INDV		14.39	
	521	KAYANDA JACINTA		02	KIAC		DNS	
	564	EUNICE KASAMU		04	MOAC		DNS	

Heat : 2 , Wind : 3.3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	531	RUTH MUTALE		02	SMAA		12.57	
2	785	LUPENGA JOSEPHINE		02	GEAC		13.00	
3	756	AGNESS MITIMINGI		03	PRIS		13.48	
4	681	JASINTA KAYANDA		02	KANS		13.59	
5	801	PHIRI CHRISTINE		94	RAA		14.29	
	567	KACHEPA PRECIOUS		03	GBAC		DIS	
	656	MAUREEN MUMBA		04	KWAC		DNS	

Heat : 3 , Wind : -0.2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	712	NIDDY MINGILISHI		01	NCHA		12.09	
2	640	LUSHOMO MUKAIGANGA		99	ZPAC		12.84	
3	513	SELINA NJOBVU		98	SURG		13.21	
4	639	NATASHA MULANDA		98	ZPAC		13.54	
5	572	BANDA VASTY		96	GBAC		13.89	
6	508	CHIKONDI BANDA		00	SURG		14.20	
7	561	VERAH CHILE		00	MOAC		14.49	
8	757	JANE CHIMWANGA		99	PRIS		14.51	

Heat : 4 , Wind : 1.5

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	767	RODAH NJOVU		94	AADC		11.57	
2	571	MALEKANI QUINCY		93	GBAC		12.18	
3	566	MAZALA AGNESS		98	GBAC		12.50	
4	637	MAJORY CHISANGA		91	ZPAC		12.55	
5	764	YVONNE NALISHUWA		94	PRIS		13.11	
6	641	EMLLY KAPAMBILE		92	ZPAC		13.52	
	766	HELLEN MAKUMBA		96	AADC		DNS	
	636	LUMEKA KATUNDA		91	ZPAC		DNS	

Heat : 5 , Wind : 3.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	755	ANNIE MASUNYINGA		95	PRIS		13.44	
2	562	CHARITY CHIZYUKA		00	MOAC		13.48	
3	638	ASTRID MAMBWE		95	ZPAC		13.50	
4	800	NGOMBE PHAIDES		91	RAA		13.68	
5	560	ZENITA HAMWIINGA		00	MOAC		13.98	



100 meter MEN - HEAT FINAL , Time :14:20

Heat : 1 , Wind : 0.9

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	803	CALEB ZULU		03	RAA		10.95	
2	588	CHIVAMBA JUSTIN		02	GBAC		11.06	
3	730	SITALI KAKENE		03	KALU		11.27	
4	663	KEBBY KANTU		05	KANS		12.03	
5	704	BORNFACE MWIINGA		02	SUGA		12.15	
	658	MECKSON MUTALE		07	KWAC		DNS	
	522	ELALIO CHITETA		01	KIAC		DNS	

Heat : 2 , Wind : -2.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	662	ELORA CHITETA		01	KANS		11.37	
2	653	PUNYILA A.B. NG'AMBI		02	KWAC		11.63	
3	612	BRIAN MWACHILENGA		02	INDV		11.68	
4	576	MWAPE KELVIN		04	GBAC		11.80	
5	553	DENNIS MIYOBA		04	MOAC		12.68	
6	798	CHIBWE SHADRICK		05	GTA		12.96	
	525	MULENGA KELVIN		03	KIAC		DNS	
	725	CHONGO EDSON		03	KALU		DNS	

Heat : 3 , Wind : 0.9

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	775	SIMATE OLIVER		96	GEAC		11.02	
2	804	SANTE CHELA		02	RAA		11.41	
3	532	BERNARD KALALE		04	SMAA		11.45	
4	651	PATRICK C. CHIBWE		01	NCHA		11.51	
5	646	MUKUKA KABUNGO		01	NCHA		12.12	
6	551	ISSAC SIMANGOLWA		01	MOAC		13.05	
	724	MANATSE MUNTALI		02	KALU		DNS	
	523	ZIMBA AARON		98	KIAC		DNS	

Heat : 4 , Wind : 0.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	631	CHIDAMBA HAZEMBA		97	ZPAC		10.67	
2	644	TITUS MUKHALA KAFUNDA		93	NCHA		11.03	
3	751	MWIINGA MWEEMBA		98	PRIS		11.10	
4	768	MBACHI KAIRA		99	PRIS		11.13	
5	778	BWALYA MICHAEL		98	GEAC		11.63	
6	514	KODAI MIURA		95	JAPA		11.66	
7	589	MUBANGA GABRIEL		93	GBAC		11.84	
	791	SYDNEY SIAME		97	ZPA		DNS	

Heat : 5 , Wind : 1.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	506	FELIX KANGWA		99	SURG		11.31	
2	504	SIAME RODGERS		99	NAKO		11.59	



3	526	MAMBWE BRIAN	98	KIAC	11.60	
4	661	GOLDEN MUNSAKI	90	KANS	11.73	
5	753	EMMANUEL MWEEMBA	00	PRIS	11.85	
6	633	JOHNSON SINZUMWA	94	ZPAC	12.14	
7	650	MASELINO KABUNGO	00	NCHA	12.88	

Heat : 6 , Wind : 0.0

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	549	CHOOLOWE HAMBULO	00	MOAC		11.39	
2	754	PETER CHANDA	99	PRIS		11.56	
3	680	JOSEPH KIPAYENI	99	KANS		11.79	
4	660	BERNARD ZULU	99	KWAC		11.88	
5	664	INNOCENT MAZYAMU	00	KANS		11.89	
	632	CHANDA KULUNGU	00	ZPAC		DNS	
	720	BANDA AUGUSTINE	99	FALL		DNS	
	642	SINKALA JOSEPH	95	ZPAC		DNS	

Heat : 7 , Wind : 1.2

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	630	MULENGI SINFNWE	00	ZPAC		11.19	
2	533	ANDREW TAPIWA GONO PHIRI	00	SMAA		11.48	
3	505	COSMAS TEMBO	98	SURG		11.59	
4	524	MPUNDU BENARD	00	KIAC		11.64	
5	519	WILLY MWALE	95	SSFA		12.01	
	752	CHISOMO ZULU	00	PRIS		DNS	
	634	EDWARD PHIRI	01	ZPAC		DNS	

Heat : 8 , Wind : 0.4

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	507	JOSEPH KALUBI	96	SURG		11.35	
2	529	COASTER MULEYA	95	SSFA		11.94	
3	545	RAFAEL NAWA	04	MOAC		12.12	
4	797	MWEWA JIMMY	04	GTA		12.43	
5	554	ELIJAH MBEWE	04	MOAC		13.89	
	729	KALALUKA MICHAEL	99	KALU		DNS	
	643	BRAIN KASINDA	97	ZPAC		DNS	

Heat : 9 , Wind : -0.7

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	836	JIMAU PATRICK CHOONGWE	03	KONK		11.45	
2	835	MUSUKWA JAMES	94	RAA		11.47	
3	808	PATRICK BANDA	94	RAA		11.60	
4	825	CHIFUMU MTONGA	94	RAA		11.62	
5	777	BANDA GERALD	95	GEAC		11.64	
6	535	ILUNGA ILUNGA	03	SMAA		11.71	
7	580	MOREBLESSINGS SIWALE	99	GBAC		11.82	
8	510	BENARD MASENGU	97	SURG		12.09	
9	523	ZIMBA AARON	98	KIAC		12.10	

Shot Put MEN - FINAL , Time :16:33

Timing hardware and software : www.timetronics.be

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Flight : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	584	KASONGO KELVIN		91	GBAC		12.59m	
2	592	TEMBO DICKSON		97	GBAC		11.97m	
3	518	RAYTON NANSILELE		98	SSFA		11.07m	
4	761	WISDOM GANIZANI		96	PRIS		11.06m	
5	654	AFRO J. MUTALE		03	KWAC		10.97m	
6	830	MUBANGA MWANJA		93	RAA		10.67m	
7	687	ANGEL KAYEBETA		00	KANS		10.38m	
8	686	KAOMA SALU		00	KANS		10.15m	

Long Jump MEN - FINAL , Time :16:34

Flight : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Wind (m/s)	Info
1	792	BWALYA HUMPHREY		00	GTA		6.74m	0.3	
2	759	RAPHAEL MUMBA		97	PRIS		6.57m	-2.0	
3	514	KODAI MIURA		95	JAPA		6.49m	0.0	
4	642	SINKALA JOSEPH		95	ZPAC		6.40m	0.4	
5	825	CHIFUMU MTONGA		94	RAA		6.08m	0.5	
6	707	SEPISO RICHARD MWANGALA		94	SUGA		6.05m	1.0	
7	790	MWEWA PATRICK		01	GEAC		6.03m	0.2	
8	808	PATRICK BANDA		94	RAA		6.03m	0.2	
9	761	WISDOM GANIZANI		96	PRIS		6.02m	0.4	
10	660	BERNARD ZULU		99	KWAC		5.83m	1.9	
11	713	EMMANUEL PALUKA TSHOPO		01	CONG		5.44m	0.8	
12	760	STEVEN MUNYANYA		00	PRIS		5.36m	0.3	
13	537	HARRY ZIMBA		03	MOAC		5.13m	-0.1	
14	838	STEVE MUMBA			ZNS		4.49m	-0.3	

800 meter WOMEN - HEAT FINAL , Time :12:02

Heat : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	771	FELISTUS CHITOSHI		92	GEAC		2:05.16	
2	811	MAJORY PHIRI		00	RAAc		2:20.38	
3	684	AUXILLIA MULENGA		02	KANS		2:21.94	
4	502	NAWALE MWIZA		03	ISOK		2:28.46	
5	574	PHIRI ESTHER		04	GBAC		2:33.93	
6	699	MAINESS HATEMBO		03	SUGA		2:39.57	
7	697	CHARITY MWEEMBA		02	SUGA		2:41.60	

Heat : 2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	827	MWALE MEMORY		92	RAA		2:27.40	
2	685	GLORIA CHIKWANDA		03	KANS		2:29.95	
3	746	TITAMENJI DAKA		94	PRIS		2:34.17	
4	711	AUDREY MWIINGA		04	SUGA		2:40.13	



5	698	JANE SIMACHA	03	SUGA	2:44.69	
6	695	ANGLE SIJAMBA	02	SUGA	2:44.74	
7	696	JOSEPHINE MUDENDA	01	SUGA	3:04.18	

800 meter MEN - HEAT FINAL , Time :16:39

Heat : 1

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	516	MAULUKA MARTIN	04	SSFA		1:53.74	
2	744	EMMANUEL NG'ANDU	03	PRIS		1:54.99	
3	517	MAYVAHN SIAKASASA	02	SSFA		1:55.16	
4	774	SIMUYEMBA LUCKSON	01	GEAC		1:56.26	
5	826	JOSPHAT MUSONDA	03	RAA		1:57.13	
6	528	MWALE WINSTONE	01	KIAC		2:00.77	
7	676	GODFREY CHIKAMA	04	KANS		2:04.62	
8	677	VICTOR JIPETA	05	KANS		2:06.99	

Heat : 2

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	742	BISENGA SANGUSULE	99	PRIS		1:55.08	
2	619	ROBERT TEMBO	98	ZPAC		1:56.21	
3	830	MUBANGA MWANJA	93	RAA		1:56.74	
4	741	JEFF MUDENDA	00	PRIS		1:57.37	
5	621	TITUS MTIKA	94	ZPAC		1:57.74	
6	705	LUYANDO LUWACHA	01	SUGA		1:58.32	
7	700	REMMY NGANDU	99	SUGA		1:58.94	

Heat : 3

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	622	BRENAN TEMWINGA	98	ZPAC		2:00.20	
2	594	CHIBWE DANNY	97	GBAC		2:01.33	
3	593	MWEWA KELMA	92	GBAC		2:01.70	
4	590	CHILUFYA RYAN	97	GBAC		2:02.00	
5	780	BANDA SOLOMON	98	GEAC		2:06.66	
6	678	JONAS MUNALULA	00	KANS		2:08.10	
7	547	JONATHAN MUSUNGA	03	MOAC		2:19.57	

Heat : 4

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	743	AUGUSTINE MWALE	96	PRIS		2:01.65	
2	786	BANDA MARTIN	88	GEAC		2:03.62	
3	591	KALUNGA LAWRENCE	94	GBAC		2:08.27	
4	550	EFFORT MICHELO	00	MOAC		2:08.69	
5	503	SICHINGA AMOS	00	ISOK		2:18.92	
6	586	NAKANDA PYSON	98	GBAC		2:19.06	
7	613	DARWIN KAMPANDULA	95	KAFU		2:19.17	
8	539	ADMIT HAKASENKE	00	MOAC		2:19.36	

400 meter WOMEN - HEAT FINAL , Time :16:46



Heat : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	784	BWALYA MAJORY		02	GEAC		59.17	
2	829	NAOMI DAKA		93	RAA		63.14	
3	628	CATHERIN SHAMANGA			ZPAC		65.42	
4	807	SAINELASANDRA		94	RAA		66.57	
5	816	MWENYA GIFT		95	RAA		71.65	
6	558	VERAH KAMUZIMBI		00	MOAC		76.52	
7	652	BUPE BWALYA NAMWINGA		03	INDV		92.17	
	746	TITAMENJI DAKA		94	PRIS		DNS	

Heat : 2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	750	AGNESS MUPULA		02	PRIS		58.26	
2	570	CHAMA MARGRET		94	GBAC		62.70	
3	561	VERAH CHILE		00	MOAC		67.37	
	697	CHARITY MWEEMBA		02	SUGA		DNS	
	605	KRISPEN KACHE		02	INDV		DNS	
	599	KAYAYA STENCIA		02	GBAC		DNS	
	811	MAJORY PHIRI		00	RAAc		DNS	

Heat : 3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	712	NIDDY MINGILISHI		01	NCHA		54.43	
2	765	ABYGIRL SEPISO		05	PRIS		55.72	
3	597	NAMATAMA KALIMBWE		03	GBAC		58.39	
4	679	EMELDA KAPUNJILA		03	KANS		62.54	
5	697	CHARITY MWEEMBA		02	SUGA		66.18	
6	699	MAINESS HATEMBO		03	SUGA		69.76	
	745	FELISTUS MPANDE		96	PRIS		DNS	
	684	AUXILLIA MULENGA		02	KANS		DNS	

400 meter MEN - HEAT FINAL , Time :08:33

Heat : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	515	ALPHA MAZILA		03	SSFA		48.71	
2	625	PATRICK CHILESHE		01	ZPAC		49.82	
3	647	JAMES MUTALE		01	NCHA		50.42	
4	583	PHIRI KENNEDY		01	GBAC		54.60	

Heat : 2

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	667	SAVIOUR MWEWA		01	KANS		48.44	
2	645	EUGINE KANGWA		01	NCHA		50.01	
3	710	MARTIN CHAMAKOLA		01	SUGA		50.23	
4	626	PASNIO KATUNDU		08	ZPAC		50.29	
5	814	DAKA PETER		91	RAA		52.50	



Heat : 3

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	749	JACKSON MUKWANGU		96	PRIS		48.50	
2	668	ROBSON LUPIYA		99	KANS		50.00	
3	702	MELVIN KAYUMBA		01	SUGA		50.23	
4	708	JERRY SIMALIKI		01	SUGA		50.28	
5	714	FIZZIE MULALI		91	GBAC		52.50	
6	665	JOSEPH MUSONDA			KANS		54.47	
7	677	VICTOR JIPETA		05	KANS		54.89	
8	587	MUGWADI DOMINIC		99	GBAC		55.89	

Heat : 4

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	773	MBEWE DANIEL		98	GEAC		46.97	
2	787	MULENGA DAVIES		02	GEAC		47.85	
3	747	CYPRIAN MAPULA		99	PRIS		48.32	
4	706	KOPAKOPA HAMAYUWA		99	SUGA		48.73	
5	769	LUYANDO HALAALA MUDEND		00	PRIS		49.17	
6	776	SIMUKONGA MUZALA		99	GEAC		49.30	
7	700	REMMY NGANDU		99	SUGA		49.46	
8	527	MODERN MULENGA		00	KIAC		50.98	

Heat : 5

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	790	MWEWA PATRICK		01	GEAC		49.98	
2	671	STANLEY MBILISHI		00	KANS		50.34	
3	815	MWEEMBA FEBIAN		92	RAA		52.24	
4	670	GIFT LUYANGA		99	KANS		52.71	
5	635	PATRICK MOYO		95	ZPAC		53.39	
	582	CHIMPONDE EVANS		93	GBAC		DNS	
	742	BISENGA SANGUSULE		99	PRIS		DNS	
	741	JEFF MUDENDA		00	PRIS		DNS	

Heat : 6

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	666	DAN KETI		96	KANS		49.60	
2	672	BENNY KALUNGA		99	KANS		50.46	
3	703	FREDRICK NGANDU		00	SUGA		50.71	
4	627	NAMAKANDI MUMBUNA		98	ZPAC		53.38	
5	649	ADONAI MUKUKA		03	NCHA		56.00	
	743	AUGUSTINE MWALE		96	PRIS		DNS	
	580	MOREBLESSINGS SIWALE		99	GBAC		DNS	
	787	MULENGA DAVIES		02	GEAC		DNS	

Heat : 7

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	669	HENRY FULUMAKA		04	KANS		50.05	
2	648	ISAAC MWEWA		05	NCHA		50.97	
3	534	TEDY MAMBWE		00	SMAA		51.32	
4	810	PAUL MUBANGA		02	RAA		53.16	



5	748	BERNARD NYENDWA	98	PRIS	53.83	
6	605	KRISPEN KACHE	02	INDV	56.11	
7	555	GIBON MILIMO	03	MOAC	60.36	
	806	PATRICK KAINGU	00	RAA	DNS	

Javelin WOMEN - FINAL , Time :15:56

Flight : 1

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	604	FWAMBO MARY	98	GBAC		40.76m	
2	570	CHAMA MARGRET	94	GBAC		38.08m	
3	762	ENALA NDAMIKWA	97	PRIS		25.94m	
4	833	MAKAYI ROSE	93	RAA		19.45m	
5	832	RACHEAL KALUBA	95	RAA		18.10m	

1500 meter MEN - FINAL , Time :16:08

Heat : 1

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	692	WEBBY LWEENDO	96	SUGA		3:54.67	
2	691	WISDOM CHILOBE	01	SUGA		3:55.76	
3	726	SIAME FIELD	03	KALU		3:57.17	
4	824	MPUNDU BERNARD	90	RAA		3:58.50	
5	774	SIMUYEMBA LUCKSON	01	GEAC		4:03.40	
6	675	SAMUEL MBASO	04	KANS		4:03.69	
7	593	MWEWA KELMA	92	GBAC		4:05.37	
8	688	MICHELO SIABWACHA	00	SUGA		4:06.22	
9	619	ROBERT TEMBO	98	ZPAC		4:06.43	
10	575	CHITAMBO OGEN	92	GBAC		4:07.22	
11	772	JAMES MALIPILO	96	GEAC		4:08.46	
12	786	BANDA MARTIN	88	GEAC		4:09.56	
13	590	CHILUFYA RYAN	97	GBAC		4:11.47	
14	676	GODFREY CHIKAMA	04	KANS		4:11.70	
15	690	ELIAS MBEZO	02	SUGA		4:12.09	
16	578	HIMWABA BONFACE	99	GBAC		4:13.23	
17	542	TRESGAR N. BUBALA	00	MOAC		4:13.31	
18	789	MWEEMBA SYDNEY	92	GEAC		4:16.10	
19	591	KALUNGA LAWRENCE	94	GBAC		4:20.99	
20	738	JOSEPH MUNYENYEMBE	04	PRIS		4:21.22	
21	621	TITUS MTIKA	94	ZPAC		4:22.09	
22	715	CHIYENGO JOSPHAT	03	GBAC		4:23.99	
23	678	JONAS MUNALULA	00	KANS		4:25.88	
24	536	TREVOR MUSANGO	93	KONK		4:26.58	
25	739	DESAYI HIYAMWA	05	PRIS		4:28.63	
26	538	CLEVER KANIINI	00	MOAC		4:30.43	
27	544	SEBASTIAN INAMBALA	02	MOAC		4:32.66	
28	541	RICHARD HANKUKU	02	MOAC		4:33.37	
29	540	BIZWEL CHISANGA	04	MOAC		4:43.49	
30	543	CHIPO MUTAIPA	02	MOAC		4:46.48	



528	MWALE WINSTONE	01	KIAC	DNS
586	NAKANDA PYSON	98	GBAC	DNS
826	JOSPHAT MUSONDA	03	RAA	DNS

1500 meter WOMEN - FINAL , Time :16:25

Heat : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	771	FELISTUS CHITOSHI		92	GEAC		4:46.40	
2	693	OFFLESS SIJUWA		02	SUGA		4:48.45	
3	802	MWILA ABIGAL		93	RAA		4:54.48	
4	595	MAKILAMBO LILLIAN		05	GBAC		5:11.20	
5	694	MARY FARMER		01	SUGA		5:11.59	
6	827	MWALE MEMORY		92	RAA		5:16.44	
7	828	NGUNI VIOLET		94	RAA		5:19.05	
8	568	NAMUSHI MIRREN		05	GBAC		5:20.31	
9	502	NAWALE MWIZA		03	ISOK		5:27.73	
10	809	BRIDGET MUDALA		90	RAA		5:30.44	
11	711	AUDREY MWIINGA		04	SUGA		5:31.05	
12	624	JOSEPHINE KALEYA		98	ZPAC		5:32.67	
13	559	LIKEZO MBUMBU		04	MOAC		5:35.19	
14	563	CATHERINE NKHOMA		05	MOAC		5:35.56	
15	698	JANE SIMACHA		03	SUGA		5:43.49	
16	565	JOSEPHENY MAHULE		04	MOAC		5:51.58	
17	695	ANGLE SIJAMBA		02	SUGA		5:59.57	
18	696	JOSEPHINE MUDENDA		01	SUGA		6:05.65	
19	611	LIAH VWAPA		02	INDV		6:24.79	
	825	CHIFUMU MTONGA		94	RAA		DNS	

200 meter WOMEN - HEAT FINAL , Time :18:05

Heat : 1 , Wind : 0.0

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	531	RUTH MUTALE		02	SMAA		24.99	
2	597	NAMATAMA KALIMBWE		03	GBAC		26.44	
3	812	PHIRI MAJORY		90	RAA		26.85	
4	512	NATASHA CHANDA		02	SURG		26.94	
5	501	CHIRWA TAONGA		04	MUCH		27.12	
6	681	JASINTA KAYANDA		02	KANS		28.29	
7	758	ABIGAIL AKAKULUBELWE		06	PRIS		30.74	
	610	CHISANGA CHILESHE		05	INDV		DNS	

Heat : 2 , Wind : -1.4

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	785	LUPENGA JOSEPHINE		02	GEAC		26.18	
2	513	SELINA NJOBVU		98	SURG		26.94	
3	560	ZENITA HAMWIINGA		00	MOAC		27.81	
4	572	BANDA VASTY		96	GBAC		27.83	
5	756	AGNESS MITIMINGI		03	PRIS		28.13	



6	807	SAINELASANDRA	94	RAA	28.91	
7	508	CHIKONDI BANDA	00	SURG	29.79	
8	800	NGOMBE PHAIDES	91	RAA	31.72	

Heat : 3 , Wind : 0.1

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	767	RODAH NJOVU	94	AADC		23.35	
2	765	ABYGIRL SEPISO	05	PRIS		24.59	
3	571	MALEKANI QUINCY	93	GBAC		24.76	
4	636	LUMEKA KATUNDA	91	ZPAC		25.05	
5	641	EMLLY KAPAMBILE	92	ZPAC		28.08	

Heat : 4 , Wind : -1.4

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	600	MIYAMBO BLESSING	04	GBAC		27.26	
2	683	MOLLY BANDA	03	KANS		27.69	
3	829	NAOMI DAKA	93	RAA		28.01	
4	562	CHARITY CHIZYUKA	00	MOAC		28.38	
5	811	MAJORY PHIRI	00	RAAc		29.28	
6	561	VERAH CHILE	00	MOAC		29.73	
7	601	PHIRI TECRA	05	GBAC		29.95	
8	816	MWENYA GIFT	95	RAA		30.84	

200 meter MEN-HEAT FINAL , Time :18:41

Heat : 1 , Wind : -0.2

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	588	CHIVAMBA JUSTIN	02	GBAC		22.18	
2	515	ALPHA MAZILA	03	SSFA		22.52	
3	647	JAMES MUTALE	01	NCHA		23.27	
4	669	HENRY FULUMAKA	04	KANS		23.41	
5	708	JERRY SIMALIKI	01	SUGA		23.47	
6	546	FUNNEWELL	04	MOAC		23.56	
7	646	MUKUKA KABUNGO	01	NCHA		24.25	
8	663	KEBBY KANTU	05	KANS		24.41	

Heat : 2 , Wind : -2.1

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	667	SAVIOUR MWEWA	01	KANS		22.24	
2	730	SITALI KAKENE	03	KALU		22.61	
3	553	DENNIS MIYOBA	04	MOAC		23.06	
4	532	BERNARD KALALE	04	SMAA		23.45	
5	653	PUNYILA A.B. NG'AMBI	02	KWAC		23.93	
6	576	MWAPE KELVIN	04	GBAC		24.80	
7	535	ILUNGA ILUNGA	03	SMAA		26.04	

Heat : 3 , Wind : 0.2

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	791	SYDNEY SIAME	97	ZPA		20.61	
2	631	CHIDAMBA HAZEMBA	97	ZPAC		21.52	



3	768	MBACHI KAIRA	99	PRIS	22.23
4	770	CEPHUS NYIMBILI	94	AADC	22.54
5	769	LUYANDO HALAALA MUDEND	00	PRIS	22.75
6	524	MPUNDU BENARD	00	KIAC	24.06
7	714	FIZZIE MULALI	91	GBAC	24.71

Heat : 4 , Wind : -0.3

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	751	MWIINGA MWEEMBA	98	PRIS		21.92	
2	504	SIAME RODGERS	99	NAKO		22.98	
3	507	JOSEPH KALUBI	96	SURG		23.06	
4	549	CHOOLOWE HAMBULO	00	MOAC		23.48	
5	527	MODERN MULENGA	00	KIAC		23.60	
6	670	GIFT LUYANGA	99	KANS		24.36	
7	633	JOHNSON SINZUMWA	94	ZPAC		24.62	

Heat : 5 , Wind : -1.0

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	668	ROBSON LUPIYA	99	KANS		22.29	
2	703	FREDRICK NGANDU	00	SUGA		23.08	
3	505	COSMAS TEMBO	98	SURG		23.22	
4	533	ANDREW TAPIWA GONO PHIRI	00	SMAA		23.25	
5	589	MUBANGA GABRIEL	93	GBAC		23.46	
6	665	JOSEPH MUSONDA		KANS		23.47	
7	511	EDWARD MWANAHISAKA	00	SURG		23.87	
	634	EDWARD PHIRI	01	ZPAC		DNS	

Heat : 6 , Wind : 0.0

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	506	FELIX KANGWA	99	SURG		22.30	
2	666	DAN KETI	96	KANS		22.79	
3	778	BWALYA MICHAEL	98	GEAC		23.05	
4	580	MOREBLESSINGS SIWALE	99	GBAC		23.56	
5	529	COASTER MULEYA	95	SSFA		23.77	
6	753	EMMANUEL MWEEMBA	00	PRIS		23.82	
7	660	BERNARD ZULU	99	KWAC		24.88	
	796	LUKANGA MICHAEL	96	GTA		DNS	

Heat : 7 , Wind : 0.0

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
1	644	TITUS MUKHALA KAFUNDA	93	NCHA		21.67	
2	630	MULENGI SINFNWE	00	ZPAC		22.44	
3	671	STANLEY MBILISHI	00	KANS		23.41	
4	752	CHISOMO ZULU	00	PRIS		23.79	
5	664	INNOCENT MAZYAMU	00	KANS		23.87	
6	727	NYIRENDA JAMES	01	KALU		23.92	
7	510	BENARD MASENGU	97	SURG		24.60	
8	537	HARRY ZIMBA	03	MOAC		25.32	

Heat : 8 , Wind : 1.1

Rank	ID	Name	Cat.	YOB Team	Area	Result	Info
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1	803	CALEB ZULU	03	RAA	21.82	
2	835	MUSUKWA JAMES	94	RAA	22.78	
3	672	BENNY KALUNGA	99	KANS	22.87	
4	680	JOSEPH KIPAYENI	99	KANS	22.93	
5	713	EMMANUEL PALUKA TSHOPO	01	CONG	23.12	
6	545	RAFAEL NAWA	04	MOAC	24.00	

Javelin MEN - FINAL , Time :14:37

Flight : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	606	CHIBALE KELVIN		91	GBAC		49.67m	
2	654	AFRO J. MUTALE		03	KWAC		48.27m	
3	839	DERRICK MELEKI			ZNS		41.08m	
3	839	DERRICK MELEKI			ZNS		41.08m	
5	831	SIMFUKWE ACKIM		90	RAA		40.90m	
6	523	ZIMBA AARON		98	KIAC		37.78m	
7	687	ANGEL KAYEBETA		00	KANS		37.76m	
8	552	KOIKOI MWIINGA		00	MOAC		36.24m	
9	686	KAOMA SALU		00	KANS		35.11m	
10	761	WISDOM GANIZANI		96	PRIS		33.85m	
11	582	CHIMPONDE EVANS		93	GBAC		33.55m	
12	592	TEMBO DICKSON		97	GBAC		33.51m	
13	701	ALVERTY KANYAMA		01	SUGA		32.33m	
14	840	CHIKUMBUSO BANDA			ZNS		32.01m	
14	840	CHIKUMBUSO BANDA			ZNS		32.01m	
16	556	DAVID SOKO		02	MOAC		31.19m	
17	548	JONATHAN MWIINGA		03	MOAC		27.66m	
18	664	INNOSCENT MAZYAMU		00	KANS		27.21m	
19	721	HAMUNJELE DAVID		87	FALL		26.32m	

3000 meter WOMEN - FINAL , Time :16:38

Heat : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	802	MWILA ABIGAL		93	RAA		10:10.97	
2	693	OFFLESS SIJUWA		02	SUGA		10:11.35	
3	568	NAMUSHI MIRREN		05	GBAC		11:24.67	
4	563	CATHERINE NKHOMA		05	MOAC		11:25.52	
5	809	BRIDGET MUDALA		90	RAA		11:56.25	
6	559	LIKEZO MBUMBU		04	MOAC		12:16.41	
7	624	JOSEPHINE KALEYA		98	ZPAC		12:16.41	
8	719	LIFUNA LISELI		92	FALL		15:15.23	
9	520	CRYNNESS MULEYA		05	SSFA		19:56.88	

Discus WOMEN -FINAL , Time :16:14



Flight : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	604	FWAMBO MARY		98	GBAC		30.57m	
2	570	CHAMA MARGRET		94	GBAC		28.61m	
3	1706	LYDIA NAMBELA			GEAC		26.79m	
4	762	ENALA NDAMIKWA		97	PRIS		23.32m	
5	817	MUKULIMA SITUWA		87	RAA		22.98m	
6	833	MAKAYI ROSE		93	RAA		19.56m	
7	832	RACHEAL KALUBA		95	RAA		17.12m	
8	834	NAMBELA JULIET		92	RAA		17.05m	
9	763	CATHARINE KUNDA		95	PRIS		16.22m	

5000 meter MEN - FINAL , Time :16:32

Heat : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	577	MWANZA EDWARD		89	GBAC		14:31.48	
2	733	MUSYANI SIMBEYA		92	PRIS		14:32.31	
3	673	JACKSON KASHIYA		03	KANS		14:36.98	
4	688	MICHELO SIABWACHA		00	SUGA		14:37.22	
5	689	ROGERS PHIRI		00	SUGA		14:37.47	
6	821	MWALE EDWARD		92	RAA		14:57.06	
7	579	MAUMBI BEN		85	GBAC		15:00.73	
8	675	SAMUEL MBASO		04	KANS		15:22.68	
9	585	CHUNGU GOODSON		85	GBAC		15:29.68	
10	579	MAUMBI BEN		85	GBAC		15:33.22	
11	674	PETER SANKALIMBA		02	KANS		15:34.01	
12	617	LEONARD NYIRENDA		98	ZPAC		15:42.19	
13	820	CHUNGU MOSES		91	RAA		15:42.72	
14	690	ELIAS MBEZO		02	SUGA		15:43.44	
15	772	JAMES MALIPILO		96	GEAC		15:53.72	
16	578	HIMWABA BONFACE		99	GBAC		15:54.89	
17	781	BWALYA MICHAEL		96	GEAC		15:56.17	
18	789	MWEEMBA SYDNEY		92	GEAC		16:02.56	
19	736	RICHARD LUBINDA		87	PRIS		16:06.96	
20	541	RICHARD HANKUKU		02	MOAC		16:12.33	
21	715	CHIYENGO JOSPHAT		03	GBAC		16:21.70	
22	538	CLEVER KANIINI		00	MOAC		16:28.65	
23	740	KEITH MASUMBA		98	PRIS		16:28.77	
24	540	BIZWEL CHISANGA		04	MOAC		16:39.86	
25	721	HAMUNJELE DAVID		87	FALL		16:40.00	

Discus MEN - FINAL , Time :09:59

Flight : 1

Rank	ID	Name	Cat.	YOB	Team	Area	Result	Info
1	584	KASONGO KELVIN		91	GBAC		36.54m	
2	830	MUBANGA MWANJA		93	RAA		33.65m	
3	654	AFRO J. MUTALE		03	KWAC		33.27m	

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4	592	TEMBO DICKSON	97	GBAC	29.70m		
5	518	RAYTON NANSILELE	98	SSFA	28.93m		
6	759	RAPHAEL MUMBA	97	PRIS	28.41m		
6	839	DERRICK MELEKI		ZNS	28.41m		
8	709	NIGEL MUSONDA	02	SUGA	28.32m		
9	761	WISDOM GANIZANI	96	PRIS	27.56m		
10	523	ZIMBA AARON	98	KIAC	25.37m		
11	687	ANGEL KAYEBETA	00	KANS	22.40m		
12	840	CHIKUMBUSO BANDA		ZNS	20.10m		



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