



ZAMBIA AMATEUR ATHLETIC ASSOCIATION

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JANUARY 2019		
Date	Activity	Venue/Country
12	All Comers Meet	Heroes Stadium
26	National Cross Country	Golf Club, Kabwe

FEBRUARY 2019		
Date	Activity	Venue/Country
06-09	African Masters	Tunis, Tunisia
23	All Comers Meet	Levy Mwanawasa

MARCH 2019		
Date	Activity	Venue/Country
23	All Comers Meet	Levy Mwanawasa
24-30	World Masters Indoor Tournament	Torun, Poland
30	IAAF World Cross Country Championships	Aarhus, Denmark

APRIL 2019		
Date	Activity	Venue/Country
13-20	U18 CAA championships	Abijan, Ivory Coast
13-20	U20 CAA championships	Abijan, Ivory Coast
20	Lusaka Lafarge Marathon	Lusaka, Zambia
27	Gaborone Internation Meet (GIM)	Gaborone, Botswana

MAY 2019		
Date	Activity	Venue/Country
04	Lafarge Marathon	Lusaka
10-11	IAAF World World Relays	Yokohama, Japan

JUNE 2019		
Date	Activity	Venue/Country
01	National Championships	Heroes, Lusaka
14	Ocean Beach Games	Cape Verd
22	Intercompany relay (ICR)	Lusaka
20	European Camps	Germany

JULY 2019		
Date	Activity	Venue/Country
TBA	Area Board Tournaments	Respective Provinces
07-13	Coaches Course	OYDC
14-20	TOECS Course	OYDC

AUGUST 2019		
Date	Activity	Venue/Country
12	All African Games	Rabat, Morocco
TBA	Area Board Tournaments	Respective Provinces

SEPTEMBER 2019		
Date	Activity	Venue/Country
27	IAAF World Championships	Doha, Qatar
TBA	Area Board Tournaments	Respective Provinces

OCTOBER 2019		
Date	Activity	Venue/Country
06	IAAF World Championships	Doha, Qatar
TBA	Area Board Tournaments	Respective Provinces

NOVEMBER 2019		
Date	Activity	Venue/Country
17	Copperbelt ICR	Ndola